

Thank you so much for your generous assistance this year. Financial stress is obviously just one aspect of severe illness and some relief undoubtedly aids in improved wellbeing and hopefully recovery, I am profoundly grateful to your organisation.

Male Specialist, ACT

I would like to thank the Board for the generous and continued support that you provided for me over the period of my two operations and time away from work. Your support and the contact with the Social Worker was wonderful at a time of financial distress. I am now back on my feet literally - and working full time and am very appreciative of the role you played in my recovery.

Female GP, NSW

CONTACT DETAILS

If you would like more information about MBANSW please contact us through our Social Worker on (O2) 9987 0504 or support@mbansw.org.au

www.mbansw.org.au

All donation inquiries
Ph: 02 9987 0504 or finance@mbansw.org.au

All communication is strictly confidential as is any information about assistance given.

WHAT **WEDO**

The Medical Benevolent Association of NSW helps doctors and their families in need, with short-term financial assistance and counselling support.

Those in the medical profession are often the most reluctant to ask for help. MBANSW provides a confidential, non-judgemental avenue of support for doctors and their family members.

Financial assistance - For a variety of reasons doctors can find themselves in dire financial straits.

A doctor injured in a catastrophic accident or facing a

A doctor injured in a catastrophic accident or facing a cancer diagnosis, who is suddenly unable to work can quickly find themselves in a financial crisis.

Counselling support - If something is going wrong at work, or a personal relationship is causing worry, it can be helpful to speak to someone who is outside the situation, but understands the unique pressures of being a doctor.

Referral - If MBANSW is unable to help directly, we can usually make a referral to someone who can. Whether you are worried about yourself, a friend, or a medical colleague, we can help you work out the best way forward.

HOW TO MAKE A REFERRAL

If you or a colleague is in need of support, please contact the Social worker for a confidential conversation about how MBANSW may be able to assist.

Most people contact us directly to talk about their situation but someone else can make a referral (a colleague, family member or friend). No forms are needed. A telephone call or an email through our website is the best way to get in touch.

If you are not sure if MBANSW can
assist you, you can have a confidential
conversation with the Social Worker.

If MBANSW can't help we may know
someone who can.

Not all requests are for financial assistance. We often provide ongoing supportive contact through a rough patch.

Contact MBANSW Social worker on 02 9987 0504 or via support@mbansw.org.au



If you wish to support your medical colleagues in need with a tax deductible donation please go to our website **www.mbansw.org.au**. It's quick, safe and easy!

OR complete the donation slip below and return it with your payment.

Post: Medical Benevolent Association of NSW, PO Box 736 Willoughby NSW 2068 Email: finance@mbansw.org.au Donation inquiries: Ph: 02 9987 0504 I wish to make a tax-deductible donation to MBANSW: Please select the type of donation One-Off Donation One-Off Donation Quarterly Donation \$50 \$100 \$150 \$250 \$500 \$1,000 Other amount -☐ Credit Card ☐ Cheque Email Name on card Please email my receipt (it saves postage and trees!) Address Card No. State Postcode Expiry date Phone Signature